



REGISTRATION begins Tuesday, February 27th at 12PM. **Spring quarter begins Tuesday, April 2nd.** (WWU Important Dates & Deadlines for Spring Quarter: <https://registrar.wvu.edu/important-dates-deadlines> - you may need to select Spring 2024.)

What to take? Here are the courses you should most likely take, according to where you are in the program.

First Year Students completing the program in 2 years:

RC 584 (Group Counseling), RC 577 (Multicultural RC), & RC 546 (Addictions & RC)

Second Year Students completing the program in 2 years:

RC 587 (Assessment & Testing in RC) and RC 592 (Internship)

All other students:

Please consult the most recent plan that Beth sent to you. If you have questions, please contact Beth/Monica.

Reminder: Registration is through Web4U: (<http://mywestern.wvu.edu/> - sign in & then click on "Web4U"). Then, click the "Student" tab, then "Registration", then "Add/Drop Classes", then select term ("Spring 2024") and click on "Submit", then enter the five digit CRN for each course you want to register for in the boxes below, and then click on submit changes (if needed-for variable credit courses, after you register for the class you will then need to go back to the Registration menu and choose Change Variable Credit Hours to choose number of credits from the drop down menu).

Course Information

RC
584

RC 584 Group Counseling Techniques in Rehabilitation (6) (CRN 22402 or 22405)

Prereq: RC 583 or permission of instructor. A didactic and experiential course to introduce students to the dynamics of group counseling. Purpose, process, and techniques related to various types of groups. Students will have direct experience participating in an in-class group.

Course is co-taught by Dr. Dana Brickham (Dana.Brickham@wvu.edu) & Dr. Brett Kuwada (Brett.Kuwada@wvu.edu). Please make sure to review the schedule for when class meets:

You can choose which section to register for. If you try to register for one section and it is full, please register for the other section. Sections 1 & 2 will meet together during most class times.

****Field Trip on 5/4 in lieu of class on 5/1: Saturday, May 4, 9-5pm; Location: Hibulb Cultural Center, 6410 23rd Ave NE, Tulalip, WA 98271; Alternative assignment will be given for those not able to attend in person. We will not be able to Zoom you in.**

Class Date/Time (Both Sections)	Format
Saturday, 4/6, 9am - 4pm	In-person; Everett University Center
Wednesday, 4/10, 5pm - 8:50pm	Via Zoom
Wednesday, 4/17, 5pm - 8:50pm	Via Zoom
Wednesday, 4/24, 5pm - 8:50pm	Via Zoom
Saturday, 5/4, 9am - 5pm**	Check note to left**
Wednesday, 5/8, 5pm - 7pm	Via Zoom
Wednesday, 5/15, 5pm - 8:50pm	Via Zoom
Wednesday, 5/22, 5pm - 8:50pm	Via Zoom
Wednesday, 5/29, 5pm - 8:50pm	Via Zoom
Wednesday, 6/5, 5pm - 8:50pm	Via Zoom

RC
577**RC 577 Multicultural Rehabilitation Counseling (4) (CRN 22403)**

Introduction to multicultural issues in rehabilitation counseling. The course will focus on increasing students' awareness of their own attitudes, values, and beliefs; culturally-sensitive interventions; theoretical models; and professional issues. The course will also focus on an understanding of the intersectionality of disability and other demographic and sociocultural factors in providing services to people from diverse backgrounds.

This hybrid class is a combination of asynchronous online, synchronous online, and in-person sessions. It will meet on 4 Tuesdays, from 5-8:50 pm. **The class will meet in-person on 4/9 in the EUC, Room TBA and via Zoom on 4/23, 5/21, & 6/4. No class on 5/7 but field trip on Saturday, 5/4, from 9am - 5pm in lieu of this class to Hibulb Cultural Center (alternative assignment will be given for those not able to attend 5/4 in person).** All other weeks will have online/Canvas work. Instructor: Dr. Brett Kuwada (Brett.Kuwada@wwu.edu).

RC
546**RC 546 Addictions & RC (2) (CRN 21841)**

General understanding of addictions, including assessment tools and major treatment modalities. Addresses personal, family, and social rehabilitation issues that emerge from addiction.

Asynchronous Online Course. Introduction materials will be on Canvas. Instructor: Dr. Kevin Bengtson (Kevin.Bengtson@wwu.edu)

RC
587**RC 587 Assessment & Testing in RC (4) (CRN 22404)**

Prereq: RC 582 or permission of instructor. The use of assessments for diagnostic and intervention planning purposes relevant to educational, career, personal, and social development in rehabilitation counseling. Includes methods of assessment for individuals with disabilities, including testing instruments, individual accommodations, environmental modification, and interpretation of results. Emphasis on a collaborative, client-centered approach to assessment.

This hybrid class is a combination of asynchronous online and in-person sessions. It will meet **in-person** on 5 Wednesdays, from 5-8:50 pm in EUC, Room TBA. **The 5 Wednesdays the class will meet in-person are 4/10, 4/24, 5/8, 5/22, & 6/5** (all other weeks will have online/Canvas work). Instructor: Dr. Kevin Bengtson (Kevin.Bengtson@wwu.edu).

Internship

If you are planning on doing your Internship in the spring, read the Internship Guide to be sure you understand what is required. The guide can be found online, on the program website at <https://wce.wwu.edu/rc/field-experiences>.

RC
592

RC 592 Internship in Rehabilitation Counseling (1-8 credits). Prereq: RC 591 and permission of instructor. Demonstration of counseling skills in a rehabilitation agency with primary supervision by agency personnel. Students are required to spend significant time within an agency functioning as a professional counselor. Repeatable to a maximum of 16 credits. S/U grading.

Please Note: Unless you are planning to complete less than 300 hours, you should register for 8 credits of Internship. **To do this, after you have registered for RC 592, you will need to go back to the Registration menu and choose Change Variable Credit Hours to enter 8 credits (when you add the class, the system will automatically register you for the least amount of credit - 1).**

INTERNSHIP SECTIONS HAVE BEEN ASSIGNED - LOOK FOR AN EMAIL FROM MONICA FOR WHICH SECTION TO REGISTER FOR.

RC 592, Section 1 (CRN 20754) Instructor: Dr. Kevin Bengtson (Kevin.Bengtson@wwu.edu) and **RC 592, Section 2 (CRN 21062)** Instructor: Dr. Brett Kuwada (Brett.Kuwada@wwu.edu).

Both sections meet on 3 Tuesdays (4/2, 5/14, & 5/28) from 5-8:50 pm. The class will meet **in-person** on 4/2 in EUC, Room TBA and **via Zoom** on 5/14 & 5/28. No in-person class on 4/16 or 4/30 - but field trip on Saturday, 5/4, from 9am - 5pm in lieu of these two classes to Hibulb Cultural Center (alternative assignment will be given for those not able to attend 5/4 in person).

*Optional Elective for Students in Internship:***RC 581 Readings & Projects in Rehab: Trauma (2) (CRN 23918)**

Introduction to the definition, biological underpinnings, and associated outcomes of trauma in rehabilitation counseling. The course will also explore the connections between trauma on its impact on child and adolescent development as well as provide connection to how this trauma affects the life span from a counselor perspective. Students will learn the components of a trauma-informed care model and its implications for rehabilitation counseling. The course will also focus on evidence-based interventions to support clients and counselors in the prevention and treatment of traumatic stress.

This class is a combination of synchronous Zoom sessions and asynchronous online work. It will meet **via Zoom** on the following 5 Tuesdays, from 5-6:50pm: **4/9, 4/23, 5/7, 5/21, & 6/4** (all other weeks will have online/Canvas work). Instructor: Dr. Dana Brickham (Dana.Brickham@wwu.edu).

Textbooks

RC 546—Addictions and RC —Dr. Kevin Bengtson

Van Wormer, K., & Davis, D. R. (2017). *Addiction treatment: A strengths perspective* (4th ed.). Brooks/Cole. ISBN: 978-1305943308

RC 584—Group Counseling Techniques in Rehabilitation — Dr. Dana Brickham & Dr. Brett Kuwada

Jacobs, E. E., Masson, R. L., Harvill, R. L., & Schimmel, C. J. (2015). *Group counseling: Strategies and skills* (8th ed.). Brooks/Cole. ISBN: 9781305087309

Bauman, S., & Shaw, L. R. (2016). *Group work with persons with disabilities*. American Counseling Association. ISBN: 9781556203404

RC 577—Multicultural Rehabilitation Counseling —Dr. Brett Kuwada

Hook, J. N., Davis, D., Owen, J., & DeBlaere, C. (2017). *Cultural humility: Engaging diverse identities in therapy*. American Psychological Association. ISBN: 9781433827778

RC 587—Assessment & Testing in RC — Dr. Kevin Bengtson

Strauser, D. R., Tansey, T. N., & Chan, F. (2019). *Assessment in rehabilitation and mental health counseling*. Springer. ISBN: 9780826162427

RC 592—Internship in Rehabilitation Counseling - (All Sections)

RC 592 will continue to use the Hodges textbook below (purchased for Pre-Practicum or Practicum).

Hodges, S. (2019). *The counseling practicum and internship manual: A resource for graduate counseling students* (3rd ed.). Springer. ISBN: 978-0826143020

NOTE: If you plan to take the CRC exam, the following prep book is recommended (the WWU Bookstore lists the book below as required for Internship but it is **not**... it is just recommended if you plan to take the CRC exam):

Chan, F., Bishop, M., Chronister, J., Lee, E., & Chiu, C. (2021). *Certified rehabilitation counselor examination preparation* (3rd ed.). Springer. ISBN: 9780826158246

RC 581 Readings & Projects in Rehab: Trauma — Dr. Dana Brickham

Levers, L. L. (2022). *Trauma counseling: Theories and interventions for managing trauma, stress, crisis, and disaster* (2nd ed.). Springer. ISBN: 9780826150844

BOOKS

Your books can be ordered online from the Western Associated Students Bookstore (<http://www.bookstore.wvu.edu/>) or through the Verba price comparison tool (<http://www.verbacompare.com/>). You can also purchase your textbooks through Amazon or any bookstore. To contact customer service at the Western Books call 360-650-3970 or email textdept@wvu.edu. Purchase Orders for books should be payable to the Western AS Bookstore.

Order your books early. If you want to check out other sources, be sure you are ordering the correct edition, and don't wait too long! ***It is strongly recommended that you purchase your books rather than renting, as you will need them again for the Comprehensive Exam, and they are the beginning of your professional library.***

Special Instructions for eligible Veteran's and students eligible for federal/state assistance with textbook purchases:

1. Students will advise agency Counselor to send email authorization to confirm arrangements and identity of eligible student. Students will request agency to include allowance for shipping (\$15.00/order). The contact for agency accounts at the Western AS Bookstore is Dee Dee Chapman: deedee.chapman@wvu.edu.
2. Agency will send PO/Authorization to Dee Dee Chapman for each student.
3. Students will place their orders online at: https://bookstore.wvu.edu/textbook_options.asp. When buying your textbooks online please comment in the Note section at the end of checkout that you have a third party paying for your textbooks. You will still need to fill in your Western ID number. Please enter a valid UPS shipping address unless you are scheduling a pickup. **If you are unable to locate your textbook needs on the Bookstore site or have any issues ordering online, please contact Dee Dee Chapman.** Also, if ordering an e-book, you will not be able to do that online. Please either email Dee Dee Chapman to place e-book orders.
4. For students with authorized supply orders, if you do not see what you need online, please email Dee Dee Chapman.
5. Textbooks and supplies can either be mailed to students or students may schedule a time for pick up at the WWU Bookstore in Bellingham.

RETURNING STUDENTS

If you did not take classes winter term and did not register for GRAD 699, you must reapply for admission using the "Returning Grad Student" program option within the application: <https://www.applyweb.com/wwugrad/index.ftl>. Contact the Graduate School (gradschool@wvu.edu or 360-650-3170) or Monica if you have any questions.

Continuous Enrollment Policy:

<http://www.wvu.edu/gradschool/policies.shtml>. Students who have not completed all degree requirements and are not currently registered for any RC credits will be required to register for GRAD 699, Continuous Enrollment, every quarter (excluding summers) until the degree requirements are completed. GRAD 699 is non-graded (flat fee of \$50). **If you are not taking any RC classes in spring, please complete this form to request an override from the Graduate School to be able to register for GRAD 699: <https://www.applyweb.com/fixie/form/s/T3w1lfu>.**

CRC EXAM

The Commission on Rehabilitation Counselor Certification offers the CRC exam three times a year in a computer-based format (the application deadlines can be found at <https://crccertification.com/get-certified/>). Check the CRCC website (www.crccertification.com) for more information and the application materials.

DISABILITY ACCESS CENTER

If you require services and/or accommodations related to a disability, contact the Disability Access Center (<https://disability.wvu.edu/>) for access to services, information, and referrals; 360.650.3083 (Voice), 360.255.7175 (VP), or drs@wvu.edu.

GRADUATING STUDENTS

If you plan to graduate in June, you must submit your Application for Master's Degree by **March 22**. The application can be submitted via e-form by going to https://esign.wvu.edu/admcs/process/forms/Grad_School/Masters_Degree_Application_blue5.aspx. Please read the instructions and **complete the form carefully** (it asks for what name you would like on your diploma and where it should be mailed after you graduate). After you complete Section 1 of the form, please insert Beth's email (elizabeth.boland@wvu.edu) at the bottom of the form in the blue box next to "Email To:" and click submit. Contact Monica Holmer if you need assistance with the form.

Please remember that a non-refundable graduation fee will be billed to your student account each time your file is evaluated for degree completion.

COUNSELING SERVICES

Please go to the RC Student Resources Canvas site. Then look under Modules for Counseling Services Available to WWU Everett Students.

TERM DATES

If you are thinking about planning a trip or vacation, please remember that Western's term dates (the start and end dates for each quarter) can be found at <https://registrar.wvu.edu/term-dates>.

ADVISORY COMMITTEE

The Rehabilitation Counseling Program Graduate Advisory Committee is composed of representatives from employers and education, as well as alumni of the program and current students. It meets twice a year via Zoom. The next meeting will likely be in May. Students are welcome - please notify Monica (RC.Everett@wvu.edu) if you wish to attend.