Accreditation Statement

This activity has been planned and implemented in accordance with the accreditation requirements of the Washington State Medical Association through the joint providership of PeaceHealth St. Joseph Medical Center and Western Washington University. PeaceHealth St. Joseph is accredited by the WSMA to provide continuing medical education for physicians.

PeaceHealth St. Joseph designates this live activity for a maximum of 15 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This activity meets the criteria for up to 15 hours of Category I CME credit to satisfy the relicensure requirements of the Washington State Medical Quality Assurance Commission.

Day 1 – Wednesday, July 8: Courageous Conversations for Enhanced Palliative Care

1. **Registration**  
   7:30

2. **Welcome** – Casey Shillam, PhD, RN-BC, Marie Eaton, PhD, Sara Weir, PhD  
   8:00

3. **Keynote and Discussion** – Tony Back, MD  
   8:15 - 9:00  
   “Communication in Serious Illness: Courageous Conversations to Elicit Goals of Care”

4. **Introduction to the Serious Illness Communication Guide**  
   Bree Johnston, MD, MPH, FACP  
   9:00 - 9:15

5. **Discussion and Questions**  
   9:15 - 9:30

6. **Communication Demonstration**  
   Tony Back, MD, Bree Johnston, MD, MPH, FACP and Meg Jacobson, MD  
   9:30 - 10:00

7. **Break**  
   10:00 – 10:15

8. **Small Group Practice**  
   10:15 - 12:00

9. **Lunch and Discussion – Topic: Creating a Palliative Culture**  
   12:00 - 12:45

10. **Skills for Understanding the Patient’s Perspective** – Megan Cole, MA  
    1:00 – 1:45

11. **Break**  
    1:45 – 2:00

12. **Breakout Group Session A**  
    2:00 – 3:00
    a. **Realities of Advanced Medical Interventions: Part 1** – Koala (Maureen) Connelly, RN, CCRN (Room C114)
    b. **Understanding Death with Dignity Legislation: A Necessity for the Palliative Care Provider: Part 1** – Frances DeRook, MD, FACC (Settlemyer Hall)
    c. **Meeting People Where They Are: Taking Spiritual Assessment** – Tessie Mandeville, Reverend & Bobbi Virta, Reverend (Room C119)
d. POLST Skills Development – Sharmon Figenshaw, ARNP, RN (Room C120)
e. Tools for How to Hold Family Meetings – Bree Johnston, MD, MPH, FACP & Ann Davidge, MSW (Room C115)

13. Breakout Group Session B

- Reals of Advanced Medical Interventions: Part 2 – Koala (Maureen) Connelly, RN, CCRN (Room C114)
- Understanding Death with Dignity Legislation: A Necessity for the Palliative Care Provider: Part 2 – Frances DeRook, MD, FACC (Settlemyer Hall)
- Meeting People Where They Are: Taking Spiritual Assessment – Tessie Mandeville, Reverend & Bobbi Virta, Reverend (Room C119)
- POLST Skills Development – Sharmon Figenshaw, ARNP, RN (Room C120)
- Tools for How to Hold Family Meetings – Bree Johnston, MD, MPH, FACP & Ann Davidge, MSW (Room C115)

14. Closing

15. Social Hour (Bellingham Technical College: Café Culinaire)

Day 2 – Thursday, July 9: Acquiring Additional Core Competencies in Palliative Care

1. Registration

2. Welcome – Casey Shillam, PhD, RN-BC, Marie Eaton, PhD, Sara Weir, PhD

3. Pharmaceutical and Advanced Approaches to Pain

Meg Jacobson, MD and Shaun Sullivan, MD

4. Nausea/Vomiting/Anorexia – Bree Johnston, MD, MPH, FACP

5. Break

6. Mindfulness in the Management of Pain – Nancy Welch, MS, PC

7. Cannabis and Psychedelics – Leanna Standish, PhD, ND, LAC, FABNO

8. Lunch

9. Keynote and Discussion – Eric Wall, MD, MPH

   “Community-based Palliative Care: Trends, Challenges, Examples and Collaboration with Payers”

10. CAM Modalities Panel – facilitated by Marie Eaton, PhD

   a. Acupuncture – Robyn Curtis, LAC
   b. Biofeedback – John Jordy, LMHC
   c. Massage – Ashley Benem, LMP
   d. Naturopath – Mystique Grobe, ND, LAC
11. Breakout for Further Exploration with CAM providers 2:45 – 3:30
Breakout Session A:
   a. Acupuncture – Robyn Curtis, LAC (Settlemyer Hall)
   b. Biofeedback – John Jordy, LMHC (Room C119)
   c. Massage – Ashley Benem, LMP (Settlemyer Hall)
   d. Naturopath – Mystique Grobe, ND, LAC (Room C115)
   e. Cannabis and Psychedelics – Leanna Standish, PhD, ND, LAC, FABNO (Room C114)
   f. Mindfulness in the Management of Pain – Nancy Welch, MS, PC (Room C120)

Breakout Session B:
   a. Acupuncture – Robyn Curtis, LAC (Settlemyer Hall)
   b. Biofeedback – John Jordy, LMHC (Room C119)
   c. Massage – Ashley Benem, LMP (Settlemyer Hall)
   d. Naturopath – Mystique Grobe, ND, LAC (Room C115)
   e. Cannabis and Psychedelics – Leanna Standish, PhD, ND, LAC, FABNO (Room C114)
   f. Mindfulness in the Management of Pain – Nancy Welch, MS, PC (Room C120)

13. Building Useful & Productive Partnerships 4:15 – 5:30
   Eric Wall, MD, MPH and Geof Morgan, PhD

14. Closing – Casey Shillam, PhD, RN-BC 5:30

15. Megan Cole Performance 7:30
   Storytime for Grownups Turning Points
   Location: iDiom Theatre | 1418 Cornwall Ave

Day 3 – Friday, July 10: Community Conversations to Enhance Palliative Care

1. Registration 8:00

2. Gallery Walk 8:30
   Welcome – Casey Shillam, PhD, RN-BC, Marie Eaton, PhD, Sara Weir, PhD 9:00 – 9:15

3. What Are We Doing to Heal without Cure, Blended Conversations 9:15 – 10:30
   Facilitators: Hope Corbin, PhD
               Devyani Chandran
               Geof Morgan, PhD
               Nancy Poulin

4. Break 10:30 – 10:45

5. Reconvene and Continue the Circle 10:45 – 12:15

6. Closing Reflections 12:15 – 12:30

7. Adjourn 12:30