Western Washington University

Master of Arts in Rehabilitation Counseling
(CACREP-accredited)

Everett University Center
located on the Everett Community College campus
What is Rehabilitation Counseling?

- Oriented toward serving individuals with disabilities
- Focused on the individual
- Counseling is goal-oriented
- Services are time-limited

Rehabilitation counselors are the only professional counselors educated and trained specifically to serve individuals with disabilities.
To learn more about Rehabilitation Counseling, watch the following videos created by the Commission on Rehabilitation Counselor Certification (CRCC)

The Art of Rehabilitation Counseling - CRCC's video explores the unique qualifications and exceptional abilities of rehabilitation counselors and their stories of success working to improve the lives of individuals with disabilities.

CRC Certification: It Makes a Difference - CRCC's video features eight CRCs who discuss the value and benefits of certification and the impact it has made in their careers.
Rehabilitation counselors encourage and support individuals with physical, mental, developmental, cognitive, and emotional disabilities to achieve their personal, career and independent living goals in the most integrated setting possible. *

*Adapted from Commission on Rehabilitation Counselor Certification website.
Rehabilitation Counselors engage in a counseling process which includes communication, goal setting, and beneficial growth or change through self-advocacy, psychological, vocational, social and behavioral interventions. *

*Adapted from Commission on Rehabilitation Counselor Certification website.
Rehabilitation counseling is distinguished from other helping professions by several key factors:

Specialized training that focuses on:

- understanding the medical and psychosocial aspects of various disabilities and disabling conditions within a cultural context
- knowledge of assistive technology
- skilled service delivery through application of the case management process
- assessing abilities and strengths to facilitate a return-to-work or entry into the world of work

*Adapted from Commission on Rehabilitation Counselor Certification website.*
Rehabilitation counseling is distinguished from other helping professions by several key factors:* 

**Philosophy and approach to counseling that:**

- values the rights of individuals with disabilities to live independent, integrated lives for full community participation
- considers advocacy with and for people with disabilities to be an essential part of the job
- strongly commits to the concepts of holistic counseling, full inclusion, and empowerment
- engages in a co-collaboration between the individual and counselor

*Adapted from Commission on Rehabilitation Counselor Certification website.
Where do Rehabilitation Counselors Work?

- Division of Vocational Rehabilitation; Department of Services for the Blind
- VA Veteran Readiness & Employment program (VR & E); VA Hospitals
- Non-profits focusing on employment; including behavioral health
- Workers’ compensation agencies
- Community college & university disability support services
Program - Format

Combination of in-person, hybrid, and online courses

The in-person course meets one evening a week; hybrid courses meet 2-5 times in the quarter

Offices and classrooms are located in the Everett University Center building

Program Length: Most students complete the program in 2 or 3 years (includes summers).
## Program Length

“Typical 2-year”

- 2-3 courses per quarter
- Finish in 8 quarters (including 2 summers)

### Master of Arts in Rehabilitation Counseling (90 credits)

#### Typical 2-Year Academic Plan

<table>
<thead>
<tr>
<th>Year 1</th>
<th>Year 2</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Fall (12 credits)</strong></td>
<td><strong>Fall (12 credits)</strong></td>
</tr>
<tr>
<td>RC 578 – Legal, Ethical, and Professional Issues in RC (4)</td>
<td>RC 501 – Rehabilitation Research (4)</td>
</tr>
<tr>
<td>RC 580 – Theories &amp; Techniques of RC I (4)</td>
<td>RC 589 – Case Management in Rehabilitation (4)</td>
</tr>
<tr>
<td>RC 582 – Introduction to RC (4)</td>
<td>RC 590 – Pre-Practicum in RC (4)</td>
</tr>
<tr>
<td><strong>Winter (12 credits)</strong></td>
<td><strong>Winter (14 credits)</strong></td>
</tr>
<tr>
<td>RC 583 – Theories &amp; Techniques of RC II (6)</td>
<td>RC 588 – Career Development and Job Placement (6)</td>
</tr>
<tr>
<td>RC 586 – Medical Aspects of Disability (6)</td>
<td>RC 591 – Practicum in Rehabilitation Counseling (4)</td>
</tr>
<tr>
<td><strong>Spring (12 credits)</strong></td>
<td><strong>Spring (12 credits)</strong></td>
</tr>
<tr>
<td>RC 546 – Addictions and RC (2)</td>
<td>RC 587 – Assessment and Testing in RC (4)</td>
</tr>
<tr>
<td>RC 577 – Multicultural Rehabilitation Counseling (4)</td>
<td>RC 592 – Internship in Rehabilitation Counseling (8)</td>
</tr>
<tr>
<td>RC 584 – Group Counseling in Rehabilitation (6)</td>
<td>RC 592 – Internship in Rehabilitation Counseling (8)</td>
</tr>
<tr>
<td><strong>Summer (8 credits)</strong></td>
<td><strong>Summer (8 credits)</strong></td>
</tr>
<tr>
<td>RC 579 – Human Growth, Development, and Disability (4)</td>
<td>RC 592 – Internship in Rehabilitation Counseling (8)</td>
</tr>
<tr>
<td>RC 585 – Social, Psychological and Attitudinal Aspects of Disability (4)</td>
<td></td>
</tr>
</tbody>
</table>

**Blue:** asynchronous online course (38 credits)

**Green:** hybrid course that meets in-person 2-5 times/quarter & other weeks are via Zoom and/or asynchronous online (48 credits)*

**Black:** in-person course that meets in-person from 5pm – 8:50pm one evening a week (4 credits)
Tuition

For 2023-2024 (WA State Residents)

• $381/credit up to 9 credits
• $3,814 for 10-18 credits
• In addition, there is a $50 per quarter Everett fee and a $1 per quarter Legislative Action Fund fee
• Approximately $300/quarter for books

Important Dates

• Priority Deadline: April 1\textsuperscript{st}
• Final Deadline: June 1\textsuperscript{st}
  (we accept applications after June 1 if there is still space in the cohort)
• New students start the program: Fall
Financial Aid Resources

- Financial Aid Office at WWU
- Scholarship Center – Graduate Students at WWU
- Woodring College of Education Scholarships
- Tuition waivers
  For example: state employee
Application Materials [https://wce.wwu.edu/rc/apply](https://wce.wwu.edu/rc/apply)

- Unofficial transcripts from **each** school attended.
  - If you are offered admission to the program, you will be required to submit official transcripts, but at the time of application, only unofficial transcripts are required.
- The Graduate School minimum GPA requirement is 3.0; however, if an applicant’s GPA is below a 3.0 but they demonstrate strength in all other components of the application, a provisional admission may be considered.
- Three professional/educational references
- A current resume
- A Statement of Purpose ([what to include is on our website at](https://wce.wwu.edu/rc/apply)
- A signed copy of the Expectations for Academic and Professional Performance
- Criminal History Self-Disclosure
- $100 application fee when you submit your application

After you submit your application, you will be contacted for an admission interview. After the interview, individuals under further consideration for admission must complete an online background check (approx. $60). If you are offered admission to the program, you will be asked to confirm your intent to enroll by submitting a $100 confirmation fee.
For more information:

wce.wwu.edu/rc

Or contact:
Monica Holmer, Program Coordinator
RC.Everett@wwu.edu or 425-405-1644