

Western Washington University

Master of Arts in Rehabilitation Counseling (90 credits) Typical 2-Year Academic Plan

Year 1	Fall (12 credits) RC 578 – Legal, Ethical, and Professional Issues in RC (4) RC 580 – Theories & Techniques of RC I (4) RC 582 – Introduction to RC (4)	Year 2	Fall (12 credits) RC 501 – Rehabilitation Research (4) RC 589 – Case Management in Rehabilitation (4) RC 590 – Pre-Practicum in RC (4)
	Winter (12 credits) RC 583 – Theories & Techniques of RC II (6) RC 586 – Medical Aspects of Disability (6)		Winter (14 credits) RC 588 – Career Development and Job Placement (6) RC 591 – Practicum in Rehabilitation Counseling (4) RC 594 – Psychiatric Disabilities in RC (4)
	Spring (12 credits) RC 546 – Addictions and RC (2) RC 577 – Multicultural Rehabilitation Counseling (4) RC 584 – Group Counseling in Rehabilitation (6)		Spring (12 credits) RC 587 – Assessment and Testing in RC (4) RC 592 – Internship in Rehabilitation Counseling (8)
	Summer (8 credits) RC 579 – Human Growth, Development, and Disability (4) RC 585 – Social, Psychological and Attitudinal Aspects of Disability (4)		Summer (8 credits) RC 592 – Internship in Rehabilitation Counseling (8)

Blue: asynchronous online course (38 credits)

Green: hybrid course that meets in-person 2-5 times/quarter & other weeks are via Zoom and/or asynchronous online (48 credits)*

Black: in-person course that meets in-person from 5pm – 8:50pm one evening a week (4 credits)

In-person classes meet in Everett, WA at the Everett University Center on the campus of Everett Community College.

*Hybrid course: the 2-5 in-person times per quarter and/or via Zoom are in the evening from 5pm - 8:50pm but may also include select Saturdays from 9am - 4pm.

Master of Arts in Rehabilitation Counseling (90 credits)

Typical 3-Year Academic Plan

Year	Year 1	Year 2	Year 3
Fall (8 credits)	RC 578 – Legal, Ethical, and Professional Issues in RC (4) RC 582 – Introduction to RC (4)	RC 580 – Theories & Techniques of RC I (4) RC 589 – Case Management in Rehabilitation (4)	RC 501 – Rehabilitation Research (4) RC 590 – Pre-Practicum in RC (4)
Winter (6 credits)	RC 586 – Medical Aspects of Disability (6)	RC 583 – Theories & Techniques of RC II (6) RC 594 – Psych Disabilities in RC (4)	RC 588 – Career Development and Job Placement (6) RC 591 – Practicum in RC (4)
Spring (6 credits)	RC 546 – Addictions and RC (2) RC 577 – Multicultural RC (4)	RC 584 – Group Counseling in Rehabilitation (6)	RC 587 – Assessment and Testing in RC (4) RC 592 – Internship in RC (8)
Summer (4 credits)	RC 579 – Human Growth, Development, and Disability (4)	RC 585 – Social, Psychological and Attitudinal Aspects of Disability (4)	RC 592 – Internship in RC (8)

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**Master of Arts in Rehabilitation Counseling (90 credits)
Typical 4-Year Academic Plan (designed for students using State Tuition Waiver)**

Years 1 & 2

Fall (4 credits)
RC 578 – Legal, Ethical, and Professional Issues in RC (4)

Winter (6 credits)
RC 586 – Med Aspects of Dis (6)

Spring (6 credits)
RC 546 – Addictions and RC (2)
RC 577 – Multicultural RC (4)

Summer (4 credits)
RC 579 – Human Growth, Dev, and Disability (4)

Fall (4 credits)
RC 582 – Introduction to RC (4)

Winter (4 credits)
RC 594 – Psych Dis in RC (4)

Spring (4 credits)
RC 587 – Assess & Test in RC (4)

Summer (4 credits)
RC 585 – Social, Psych & Attitudinal Aspects of Dis (4)

Years 3 & 4

Fall (4 credits)
RC 580 – Theories & Techniques of RC I (4)

Winter (6 credits)
RC 583 – Theories & Techniques of RC II (6)

Spring (6 credits)
RC 584 – Group Counseling in Rehabilitation (6)

Summer (0 credits)

Fall (12 credits)
RC 501 – Rehabilitation Research (4)
RC 589 – Case Management in Rehabilitation (4)
RC 590 – Pre-Practicum in RC (4)

Winter (10 credits)
RC 588 – Career & Job Place (6)
RC 591 – Practicum in RC (4)

Spring (8 credits)
RC 592 – Internship in RC (8)

Summer (8 credits)
RC 592 – Internship in RC (8)

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Green: hybrid course that meets in-person 2-5 times/quarter & other weeks are via Zoom and/or asynchronous online (48 credits)*

Black: in-person course that meets in-person from 5pm – 8:50pm one evening a week (4 credits)

In-person classes meet in Everett, WA at the Everett University Center on the campus of Everett Community College.

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REHABILITATION COUNSELING

Course Descriptions

RC 501 Rehabilitation Research (4)

An overview of research including: design and analysis; criteria for reading and interpreting existing studies; practice in identifying issues suitable for research; formulating hypotheses and appropriate methods; and guidance in preparing a program evaluation. Emphasis is on the application of research in clinical and rehabilitation settings.

RC 546 Addictions and Rehabilitation Counseling (2)

General understanding of addictions, including assessment tools and major treatment modalities. Addresses personal, family, and social rehabilitation issues that emerge from addiction.

RC 577 Multicultural Rehabilitation Counseling (4)

Introduction to multicultural issues in rehabilitation counseling. The course will focus on increasing students' awareness of their own attitudes, values, and beliefs; culturally-sensitive interventions; theoretical models; and professional issues. The course will also focus on an understanding of the intersectionality of disability and other demographic and sociocultural factors in providing services to people from diverse backgrounds.

RC 578 Legal, Ethical, and Professional Issues in RC (4)

An introduction to professional issues in rehabilitation counseling, including scope of practice, relevant legislation, and ethical decision-making.

RC 579 Human Growth, Development and Disability (4)

Examines human growth and development in the context of rehabilitation counseling. Provides a review of human development theories across the lifespan and their implications and applications with persons with disabilities.

RC 580 Theory & Techniques of RC I (4)

This is the first in a two course sequence focusing on major counseling theories and techniques. Students will be introduced to major counseling theories and their application to people with disabilities. Students will also engage in experiential application of counseling theory using basic counseling techniques. Competencies will be developed and demonstrated through assigned readings, didactic instruction, microskills training, class discussion, and self-study assignments

RC 582 Introduction to Rehabilitation Counseling (4)

An overview of the principles and practices of rehabilitation counseling, including history, philosophy, legislative influences, organizational structures, and service-delivery models. Explores various specialties within the field of rehabilitation counseling.

RC 583 Theory & Techniques of RC II (6)

Prereq: B- or better in RC 580 or permission of instructor. This is the second in a two course sequence focusing on major counseling theories and techniques. It is a continuation from RC 580 of the introduction to major counseling theories, with an emphasis on continued development and refinement of practice skills through advanced role play and direct counseling with individuals with disabilities. Competencies will be developed and demonstrated through assigned readings, didactic instruction, microskills training, class discussion, and self-study assignments.

RC 584 Group Counseling Techniques in Rehabilitation (6)

Prereq: RC 583 or permission of instructor. This is a didactic and experiential course to introduce students to the dynamics of group counseling. Purpose, process, and techniques related to various types of groups. Students will have direct experience participating in an in-class group.

RC 585 Social, Psychological, and Attitudinal Aspects of Disability (4)

An examination of the impact of disability on the individual, the individual's environment, significant others, and society in general. The adjustment process that individuals and their families experience is compared and contrasted within a broader environmental context.

RC 586 Medical Aspects of Disability (6)

An examination of the etiology, prognosis, treatment, and vocational implications of major disabling conditions, with an emphasis on physical, sensory, and cognitive impairments. Includes an introduction to medical specialties, therapeutic services, restorative techniques, medical terminology, and assistive technology.

RC 587 Assessment & Testing in Rehabilitation Counseling (4)

The use of assessments for diagnostic and intervention planning purposes relevant to educational, career, personal, and social development in rehabilitation counseling. Includes methods of assessment for individuals with disabilities, including testing instruments, individual accommodations, environmental modification, and interpretation of results. Emphasis on a collaborative, client-centered approach to assessment.

RC 588 Career Development and Job Placement (6)

Examines career development theories, occupational information, labor market trends, and meaningful employment with a career focus. Includes job analysis, employment techniques, accommodations, and legislation.

RC 589 Case Management in Rehabilitation (4)

Examines techniques and procedures related to individualized case management and caseload management. Explores case management issues of various disability groups, including educational and vocational community resources.

RC 590 Pre-Practicum in Rehabilitation Counseling (4)

Prereq: RC 582, B or better in RC 583, and permission of instructor. General understanding of agency functions and staff roles and responsibilities. Beginning demonstration of counseling skills with individuals with disabilities in a rehabilitation counseling agency.

RC 591 Practicum in Rehabilitation Counseling (4)

Prereq: RC 590 and permission of instructor. Demonstration of counseling skills with individuals with disabilities in a rehabilitation agency. Supervision by agency personnel. S/U grading.

RC 592 Internship in Rehabilitation Counseling (1-8)

Prereq: RC 591 and permission of instructor. Demonstration of counseling skills in a rehabilitation agency with primary supervision by agency personnel. Students are required to spend significant time within an agency functioning as a professional counselor. Repeatable to a maximum of 16 credits. S/U grading.

RC 594 Psychiatric Disabilities in Rehabilitation (4)

Understanding major psychiatric disorders, principles and practices of psychiatric rehabilitation. Examines the role of the rehabilitation counselor as an integral part of the treatment team.

The general catalog takes precedence over this material and is the official source of program information. Content herein is for information and advisement and may not represent program requirements.